

# TENNIS PROGRAMS AT PARKVIEW COMPLEX

6 Lessons per session

Session 1	6/8-6/24	M & W	OR	6/9-6/25	T & Th
Session 2	7/6-7/22	M & W	OR	7/7-7/23	T & Th
Session 3	7/27-8/12	M & W	OR	7/28-8/13	T & Th

## TENNIS TOTS (4-5 YEARS OLD)

Introduces kids to the basic tennis skills through a series of activities. Games are adapted to developing ball striking, spacing and timing the ball. Through repetition, good habits are developed and the players begin to trust newly acquired skills. Pre-Rally/Red Ball Curriculum.

8:15-9:00 A \$65/session



## SUPERSTARS (6-7 YEARS OLD)

Introduces kids to games that help develop their basic skills so they can have fun while learning to play tennis. The use of little nets and racquets are used to introduce kids to the Red and Orange ball Quick Start System of playing tennis. They will learn tracking skills to further develop their ball striking. Groundstroke and volley skills will be the focus of instructors.

9:00-10:00 A \$65/session

## LEVEL 1 (8-9 YEARS OLD)

This course will review all the basic movements to afford each student a solid foundation of tennis skills. By introducing players to rallying on a 60 foot tennis court, it will show them movement techniques needed to enjoy the game. Red and Orange balls will be used to help work on control and consistency. This method of challenging students through repetition will develop good technique while placing high priority on teaching each player the stroke pattern needed to execute the newly developed skills. The focus will be basic groundstrokes, volleys, lobbing, serving and overheads.

10:00-11:00 A \$65/session

## ADULT TENNIS LEAGUES

Players must have a minimum advanced beginner skill level to qualify. Dream matchups will change from week to week. Balls will be provided.

M	6:30-8:00 P	Men's 3.0-3.5 Singles League	6/8-7/27	\$60/person
M	8:00-9:30 P	Men's 3.5 Doubles League	6/8-7/27	\$30/person
F	7:00-9:00 P	6.0-7.0 Mixed Doubles	6/12-8/7 (except 7/3)	\$30/person

## LEVEL 2 (10-12 YEARS OLD)

This leads to the path of continued improvement. Priorities will be to make solid contact, get ball over the net, hit inside the lines, and direct ball away from opponent. Students must have desire to improve and show willingness to work hard. Green and Yellow balls will be used to instruct this age group.

11:00-12:00 P \$65/session

## LEVEL 3 (13-16 YEARS OLD)

Student's progression of development continues. Proper technique, consistency, depth, accuracy, and power will be coached. Each player will reach a self-realization for what tools need to be improved so they can continue to reach their potential.

12:00-1:00 P \$65/session

## LEVEL 4 (14-18 YEARS OLD)

Coach Joe Morgan recommends this class for all high school players who want to improve. The goal for each player is to reach their peak performance. Ball striking, mobility, and anticipation will be further developed. Strategy and tactic will be dwelled on during the sessions.

F 1:00-3:00 P 6/15-7/26 (no 7/3) \$20/week \$100/full session

## ADULT INSTRUCTION: USA 1,2,3

This adult class is for beginners and advanced beginners who want to learn tennis or improve their skills. The 6:30 p.m. class will be for players wanting to learn how to play tennis, while the 7:30 p.m. focuses on skill development.

Session 1

T 6:30/7:30 P 6/2-7/7 \$60

Session 2

T 6:30/7:30 P 7/14-8/18 \$60



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<b>Session 2</b>	<b>7/6-7/22</b>	<b>M &amp; W</b>	<b>OR</b>	<b>7/7-7/23</b>	<b>T &amp; Th</b>
<b>Session 3</b>	<b>7/27-8/12</b>	<b>M &amp; W</b>	<b>OR</b>	<b>7/28-8/13</b>	<b>T &amp; Th</b>

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- Session 2
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**Mayfield Village Tennis Program 2020**

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Address \_\_\_\_\_  
(street) (city) (zip)

Home Ph \_\_\_\_\_ Cell Ph \_\_\_\_\_ Work Ph \_\_\_\_\_

D.O.B \_\_\_\_\_ Male or Female Parent Email \_\_\_\_\_

**My child will be attending the following session(s) (please circle):**

Session 1                  Session 2                  Session 3                  Total Due for Sessions \$ \_\_\_\_\_

**Total Due \$ \_\_\_\_\_**